



BRITISH FREESTYLE MARTIAL ARTS ASSOCIATION

SEMINAR

***- Pattern applications -
with Mr Charlie Neale.***

*(4th DAN SHOTOKAN KARATE, 2nd DAN KARATE JUTSU, 1st DAN GOJU KARATE,
1st DAN AIKI JUJUTSU, 1st DAN ITF TKD, SELF DEFENCE INSTRUCTOR (SDF))*

Sunday 23rd November

*The seminar will cover hidden and lesser practiced applications from ITF Tae Kwon-Do Tuls ranging from:
- joint locks, strikes, pressure points (Kyusho Jutsu) projections/throws and useful self defence techniques.
Influences from other arts such as Aiki Jujutsu and Karate Jutsu.*

CHON JI – 1st DAN PATTERNS

Venue – Meadowside Leisure Centre, Whiteley Way, Whiteley, Fareham, Hants, PO157LJ.

Time – 2.00pm – 5.00pm

Cost – BFMA and PIONEER TKD members - £20

Non-members - £25

Contact – Master Ron Davidson to confirm your attendance or further questions on - fionadavidson999@googlemail.com

01489 557 555

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